

Montag

11:45	-	12:15	HIT - BADASS	ONLINE
18:00	-	18:50	BOOTCAMP	ONLINE

Dienstag

11:45	-	12:15	HIT- RIPPED	ONLINE
12:15	-	12:45	MY MOBILITY	ONLINE
18:00	-	18:50	OUTDOOR BOOTCAMP	OUTDOOR
19:00	-	19:45	MY44M	ONLINE

Mittwoch

11:45	-	12:15	HIT- BEASTMODE	ONLINE
18:00	-	18:50	BOOTCAMP	ONLINE

Donnerstag

11:45	-	12:15	HIT- LIMITS	ONLINE
12:15	-	13:15	ANTARA	ONLINE
18:00	-	18:50	OUTDOOR BOOTCAMP	OUTDOOR

Freitag

11:45	-	12:15	HIT- CARDIO CHALLENGE	ONLINE
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Samstag

11:00	-	12:00	BOOTCAMP	ONLINE
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ALLE KURSE FINDEN ONLINE ODER
OUTDOOR STATT!

NEUER PLAN
AB 01. Januar GÜLTIG



MY PERSONAL GYM

MY PERSONAL GYM

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